

The Living Donor Institute

773-322-5346

Telephone Number

SAINT BARNABAS MEDICAL CENTER LIVING DONOR REFERRAL FORM

Fax to 973-322-2273

LEGAL NAME _____ SS# _____

DOB _____ AGE _____ SEX _____ RACE _____ RELIGION _____

HEIGHT _____ WEIGHT _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

HOME PHONE _____ WORK PHONE _____

CELL PHONE _____ EMAIL ADDRESS _____

CAN WE LEAVE MESSAGES ON YOUR HOME PHONE MACHINE? _____ CELL PHONE? _____ WORK PHONE? _____

CAN WE COMMUNICATE WITH YOU BY EMAIL? _____

DO YOU HAVE A PREFERENCE IN HOW WE COMMUNICATE WITH YOU (home phone, cell phone, etc) _____

MARITAL STATUS _____ CHILDREN _____ OCCUPATION _____

ARE YOU TAKING ANY MEDICATIONS? _____ WHAT ARE THEY? _____

PERSONAL MD _____ LAST SEEN AND WHY _____

ADDRESS _____ PHONE# _____ FAX# _____

HOSPITALIZATIONS / SURGICAL HISTORY _____

ALLERGIES _____ BLOOD TYPE (if known) _____ DO YOU SMOKE? _____ DO YOU DRINK ALCOHOL? _____

Do any members of your family other than the recipient have diabetes or kidney disease? _____

HAVE YOU EVER HAD ANY OF THE FOLLOWING? Please circle if YES

- | | | | |
|--------------------------|-----------------------|------------------|------------------------------|
| Bladder infection | Pancreatitis | Kidney Infection | Kidney Stones |
| Liver disease/ Hepatitis | Blood Disorder/Anemia | Cancer | Bleeding Problems |
| Lung disease | Herpes | Asthma | Sexually Transmitted Disease |
| Heart Problems | Gout | Tuberculosis | Diabetes |
| High blood pressure | Stroke | Drug Use | Psychiatric Problems |

Recipient's Name: Kiana Grant

Your Relationship to Recipient: _____

Why did the recipient's kidney fail? Lupus Nephritis Why do you want to donate? _____

For office use only:
Date of Referral _____ Coordinator _____

Coordinator's Comments: _____

Alternative Programs to Living Donation

When living-related or emotionally-related donor transplantation is not a possibility, several alternatives exist.

Altruistic Living Donation

The two types of Altruistic Living Donors are directed altruistic donors and non-directed altruistic donors. The directed altruistic donor is a person who has some knowledge of the recipient, for example through church, synagogue or mutual acquaintance and thus they are directing their donated kidney to this recipient. The non-directed altruistic donor is a donor who wishes to donate his/her kidney to a person they do not know either through donation to a recipient on the waiting list or through a Paired Kidney Exchange. While all donors are considered "altruistic" by nature of their gift of life, the two types of donors described above have no genetic or emotional relationship with their recipient. Their evaluation typically requires a slower pace that allows them more time to reflect upon their decision to donate.

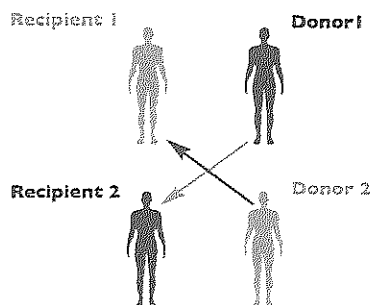
Compatible Share Program

In this program, a compatible donor/recipient pair may be offered the opportunity to participate in a kidney exchange. A compatible donor and recipient may choose this option because it provides the following:

- A chance to improve the recipient's long term outcome, i.e., younger donor kidney, improved compatibility.
- An altruistic opportunity for the compatible pair because their participation in a kidney exchange would allow one or more incompatible recipient/donor pairs the opportunity to be transplanted.

Living Donation Kidney Exchange Program

Many individuals have willing kidney donors that are incompatible by blood type or cross matching. This program involves the matching and exchange of kidneys between donor/recipient pairs that are compatible with each other.



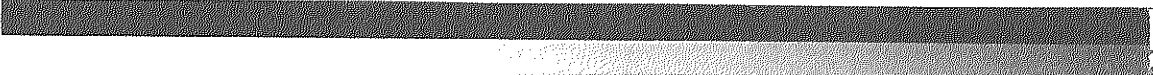
Living Donor Kidney Exchange Chart

Program for Incompatible Transplants

Many patients have living kidney donors who are not a match to them either because of blood type or because of immunological factors. These donors may be otherwise able and willing to donate. Depending on the type and degree of incompatibility, this program offers some potential recipients the option to receive a living donor kidney from an incompatible donor.

Living donation offers the greatest chance of success for the transplant recipient. The transplant team is available to fully evaluate all potential living donors, whether they are living-related, emotionally-related, altruistic, compatible or incompatible with their recipient.





Additional Information for Donors

- A potential donor must be over 18 years old, in good health and willing to donate.
- A potential donor can expect to have testing performed such as compatibility testing, blood work, urine testing, EKG, chest x-ray, renal CT scan.
- An integral part of the donor workup is consultation with members of the Transplant Team, including a transplant coordinator, social worker and nephrologist as well as a donor advocate.
- Most donor surgeries can be performed using minimally invasive laparoscopic technique which takes about two hours. Surgery is followed by a two day hospital stay and a recovery period of two to three weeks.
- Medical expenses related to evaluation, hospitalization and immediate follow-up care are covered under the recipient's insurance, though travel, lodging and recuperation expenses are not directly reimbursable in most cases.

Following Surgery, Donors Are Expected To:

- Return to a normal life-style.
- Live healthy lives with one kidney.
- Have yearly medical follow-up.
- Avoid contact sports such as football and boxing.
- Be denied enlistment into military service. However, if the donor is already in the military service, donation will not change military status.
- Not experience difficulty with conception or pregnancy because of donation.